

Heart starters

Winsor Dobbin recommends five Valentine's-inspired adventures guaranteed to impress from dawn to dusk, any time you're in the mood for love.

Where Fiji
Base Sofitel Fiji Resort and Spa
Budget \$\$\$\$\$
Morning The Sofitel is one of Fiji's newer resorts and offers a blend of Fijian warmth and French sophistication along with the Pacific's largest lagoon-style pool. It works with Adrenalin Fiji to make sure guests get to see the very best of the Pacific island and can arrange some amazing adventures.

Start before dawn with a drive into the remote highlands for a hot-air balloon flight that takes in sunrise over the Nadi hills and panoramic views of the patchwork of small farms and villages that dot the hinterland.

You'll be back in town in time to enjoy a stroll around the Nadi produce markets and a champagne brunch.

Afternoon Spend it aboard the MV Bel'Mare, a 26-metre motor yacht with its own captain, engineer, chef and steward. Dive instructors and masseuses can be added to the charter on request.

There's nothing like a massage on the upper level as the yacht heads out. The Bel'Mare can cruise to Cloudbreak Reef for surfers or to some of the best game-fishing spots in the Pacific.

The Bel'Mare has its own jet-ski, tender, snorkelling and fishing equipment, and if you are a little tired after an on-board lunch, there are three staterooms, each with its own en suite. Just have a black American Express card ready to pay.

Alternatively, the Denarau Golf and Racquet Club, a par-72 championship course, is just 500 metres from the resort – or you can enjoy an open-air treatment at the Mandara Day Spa.

Evening Begin with a traditional



Great getaways ... (clockwise from above) diving in Thailand; the magnificent Hospice de Beaune; Lilianfels's spa.

kava ceremony before dining in the resort's signature V restaurant, which serves dishes such as coconut and rice-crust scampi and Nadi Bay prawns flamed with brandy and garlic.

Contact www.sofitelfiji.com.fj; adrenalinfiiji.com.

Where Tasmania

Base Saffire

Budget \$\$\$\$

Morning Start bright and early with breakfast at Saffire, Tasmania's five-star East Coast resort, before setting off with a guide to enjoy the Wineglass to Wine Glass walk, which includes Wineglass Bay, the Freycinet Peninsula National Park and Hazards Beach, where a gourmet al fresco lunch is served, including crayfish, scallops, prawns and abalone. The trip ends with a 25-minute boat cruise.

Afternoon Visit the Freycinet Marine Farm, where you can slip on

the waders and get up close with oysters and mussels before learning how to shuck them and slurping a few with some Tassie bubbles.

The more adventurous might choose a trip through the bush on an all-terrain bike while other options include a private cooking class with chef Hugh Whitehouse or a treatment at Spa Saffire. Visits to wineries can be arranged.

Evening Saffire's Palate restaurant offers degustation menus matched with local wines. The menu changes daily depending on what is available from local waters and farmers. A good sleep is assured – Saffire has only 20 suites, all with superb views.

Contact saffire-freycinet.com.au.

Where Beaune, France

Base Hotel Le Cep

Budget \$\$\$

Morning Enjoy breakfast next to the artesian well in the courtyard of this



gorgeous old hotel – a member of the Small Luxury Hotels group – in the centre of one of France's loveliest towns and the major centre of the Burgundy wine community.

Several of the older buildings date to the 14th century, the newer ones to the 18th. Then take a ride on the petit train to discover the winding streets of Beaune – and the vineyards on the edge of town – before taking in a tour of the magnificent Hospice de Beaune, where the original hospital building, the Hotel-Dieu, is one of the finest examples of French

15th-century architecture and is now a museum.

Afternoon Enjoy lunch at the lovely Le Montrachet, overlooking the square in the village of Puligny-Montrachet, then visit some of the most famous vineyards and cellar doors in the world.

Try Domaine Olivier Leflaive in Puligny, the Chateau de Meursault and Domaine Marc Colin in Chassagne-Montrachet and check out famous vineyards like those of Domaine de la Romanee-Conti. Back in town, visit the Musee du Vin de Bourgogne and browse for posters, books, calendars, knives, corkscrews and other accessories at the amazing L'Athenaeum store.

Evening Loiseau Des Vignes, which won its first Michelin star in March last year, offers the perfect opportunity to taste your way around burgundy with 70 wines available by the glass.

The list features rising stars alongside big names like Bernard Morey and Alain Gras and rarities like Comte Lafond and Coche-Dury. Sample dishes such as carpaccio of scallops or caramelised pigeon.

Contact slh.com/france/beaune/cepfra.html, bernard-loiseau.com.

Where Khao Lak, Thailand

Base The Sarojin

Budget \$\$\$

Morning Eat breakfast poolside at